



Kids/Teens Offerings

October 2017 *Drop Ins Welcome!*

Ages 2-4: (One adult per child required)

Saturday: 8:40am Mini Monkey
Sunday: 8:40am Mini Monkey

Ages 5-8:

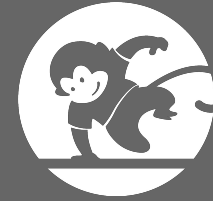
Monday: 3:30pm Parkour & Acrobatics
Tuesday: 12pm Aerial (ages 4-9)
3:30pm Parkour & Acrobatics
Wednesday: 2:35pm Aerial (ages 7-12)
3:20pm Aerial & Acrobatics
4:25pm Aerial & Acrobatics
Thursday: 3:40pm Parkour & Acrobatics
Friday: 4:40pm Parkour & Acrobatics
Saturday: 11am Parkour & Acrobatics (*Handstands)
Sunday: 2pm Parkour & Acrobatics (*Handstands)

Ages 9-12:

Monday: 3:30pm Parkour & Acrobatics
4:40pm Parkour & Acrobatics
Tuesday: 4:20pm Aerial (*Handstands)
4:40pm Parkour & Acrobatics (*Handstands)
Wednesday: 2:35pm Aerial (ages 7-12)
3:45pm Aerial (ages 9-17)
Thursday: 3:45pm Parkour & Acrobatics
4:45pm Parkour Level 2**
Friday: 5:50pm Parkour & Acrobatics (*AcroYoga L1)
Saturday: 12:10pm Parkour & Acrobatics
Sunday: 3:15pm Parkour & Acrobatics (*Acrobatics L1)
4:30pm Aerial (ages 9-17)

Ages 13-17:

Monday: 4:35pm Parkour & Acrobatics
Tuesday: 5:30pm Aerial
Wednesday: 3:45pm Aerial (ages 9-17)
Thursday: 4:50pm Parkour & Acrobatics
5:55pm Acrobatics (*Air Ballet)
Friday: 7:10pm Parkour & Acrobatics (*AcroYoga)
Saturday: 2:45pm Parkour & Acrobatics
Sunday: 4:30pm Aerial (ages 9-17)



Winter Monkey Ninja Camp

AGES 5-8:
December 18-22
Morning: 9am-12pm
Afternoon: 12:30-3:30pm
Full Day: 9am-3:30pm

AGES 7-12:
December 26-29
Morning: 9am-12pm
Afternoon: 12:30-3:30pm
Full Day: 9am-3:30pm

Single Drop-ins welcome!



Interested in Birthday Parties?
frontdesk@tagym.com

Check our website for more details, monthly schedule changes and daily updates!

* Parents can attend this adult class at the same time! (See adults schedule for details)

** Prerequisites: Familiarity with basic vaults and rolls

All classes are 1 hour. No students admitted to class more than 10 minutes late. Please come early to sign in!
Reserved spaces may be given away to the waitlist if unclaimed by 5 minutes before the start time of class.



Adults Offerings *Drop Ins Welcome!*

October 2017

CLASSES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aerial Skills L2* 9:20am	Monkey Conditioning 8:30am	Lyra 12:15pm	Monkey Cond. 8:30am	Lyra 9:30am	Movement Prep. 8:50am	Parkour 10:00am
Aerial Conditioning 10:30am	Aerial L2* 9:40am	Stable Body 1:25pm	Handstands 11:20am	Iron Monkey 9:35am	Aerial Skills 8:45am	Monkey Conditioning 10:00am
Flexibility 11:45am	Aerial Skills 10:45am	Movement Games 4:55pm	Flexibility 12:30pm	Aerial Conditioning 10:45am	Monkey Conditioning 9:50am	Aerial Conditioning 11:15am
Handstands L1 5:45pm	Handstands 4:30pm	Aerial Conditioning 5:35pm	Rope and Straps 1:20pm	Flexibility 12:00pm	Aerial Conditioning 10:00am	Acrobatics L2* 11:15am
Lyra 5:45pm	Handstands L2* 5:40pm	AcroYoga L1 6:00pm	Parkour 1:40pm	Partner Acro 1:10pm	Handstands L2* 10:00am	Bellydance 11:15am
AcroYoga L1 5:50pm	Movement Games 5:45pm	Acrobatics 6:05pm	Aerial Skills L1 2:30pm	Aerial Skills L3* 3:35pm	Handstands L1 11:15am	Flexibility 12:30pm
AcroYoga 6:55pm	Monkey Conditioning 6:45pm	Aerial Skills L2* 6:45pm	Monkey Cond. 6:00pm NEW TIME!	Aerial Skills L1 4:45pm	Trapeze* 1:40pm	Aerial Skills L1 1:45pm
Acrobatics 7:00pm	Tango Skills 6:50pm	Meditation 7:05pm 10/25 canceled	Flexibility 7:05pm	Bellydance 4:50pm NEW!	Acrobatics 3:55pm	Handstands 2:00pm 10/15 canceled
Flexibility 7:05pm	Partner Acro L2* 7:00pm	AcroYoga 7:15pm	AcroYoga L1 7:05pm	Aerial Skills L2* 6:00pm		Acrobatics L1 2:55pm
Thai Massage 8:10pm	Tango Practice 8:00pm	Aerial Skills L1 7:55pm	Air Ballet 7:05pm NEW TIME!	AcroYoga L1 6:00pm		Movement Prep. 4:00pm 10/1 canceled
Iron Monkey 8:15pm	Partner Acro L3* 8:05pm	Handstands 8:20pm	Aerial Skills L1 8:10pm	AcroYoga 7:10pm		Movement Games 5:00pm 10/1 & 10/8 canceled
Aerial Conditioning 8:15pm	Flexibility 8:05pm	Parkour 8:30pm	Handstands L1 8:10pm	Parkour L1 8:20pm		
	Parkour L2* 9:15pm	Aerial Skills L3* 9:00pm	AcroYoga L2 8:10pm			
			Parkour 9:15pm			
			Hand to Hand* 9:15pm			

All Classes are 1 hour. Level 1 is the most beginner level. If there is no level assigned, the class is open to all levels. Please come early to sign in before class! No students admitted to class more than 10 minutes late. Reserved spaces may be given away to the waitlist if unclaimed by 5 minutes before the start time of class.

*Before attending class, please check prerequisites online or at the front desk, and check with the teacher about your skill level.

OPEN PLAY
Ages 18+ only

9am-3:30pm	9am-4:20pm	9am-3:20pm	9am-1:40pm	10:30am-4:40pm	11:15am-12:15pm <i>ASL Jam only</i>	9am-10am
			2:40-3:45pm	8:10-11pm 10/13 TOE JAM 8:10pm to midnight	12:15-2:45pm	12:15-1:45pm
9:15-11pm	9:05-11pm	9-11pm	10:15-11pm		5-5:45pm 10/7 Canceled	4-5:45pm 10/8 ends at 5pm

WORKSHOPS

Primal Play w/ Aaron Cantor Oct 7-8, 5-8pm Oct 9, 12-3pm	Evolve Move Play w/ Rafe Kelley Nov 4-5 (San Francisco) 9am-5pJam	Splits & Bridge w/ Rob Pretorius Dec 16-17 4-8pm	Zero to Fying w/ Scott Wells Dec 16-17 11am-1:30pm (Berkeley) 3-6pm (Athletic Playground)	Aerial Choreography w/ Kate Hutchinson Jan 6,13,20,27, 2018 5-8pm	Intro to Handstands w/ Shira Yaziv Jan 7, 14, 21, 2018 8:00-9:15am
Acrobatic Flow w/ Shira Yaziv Jan 20-21,2018 2-6pm (Berkeley)	Icarian Games w/ Aviva Rose-Williams Feb 10-11, 2018 5-7pm Intro 7-9 Advanced	Movement Archery w/ Tom Weksler Feb 16-19, 2018 (Berkeley) F 6-9pm, Sa/Su 11am-4pm	Animal Instinct w/ Matan Lekowich Apr 7-8, 2018		

RETREAT

Movement Exploration
w/ Shira Yaziv
Apr 21-28, 2018
(Costa Rica)

EVENTS

- Oct 13 TOE JAM** Community Open Play 8:10pm-midnight
- Oct 13 TANGO PARTY** Tango dancing, costumes, Dj'd music and snacks 8-10pm
- Nov 11 Athletic Playground Celebrating 9 years shows** 4:30pm & 8:30pm (doors open 30 min before)