



Kids/Teens Offerings

November 2017 *Drop Ins Welcome!*

Ages 2-4: (One adult per child required)

Saturday: 8:40am Mini Monkey ← Canceled 11/25
 Sunday: 8:40am Mini Monkey ← Canceled 11/26

Ages 5-8:

Monday: 3:30pm Parkour & Acrobatics
 Tuesday: 12pm Aerial (ages 4-9)
 3:30pm Parkour & Acrobatics
 Wednesday: 2:35pm Aerial (ages 7-12)
 3:20pm Aerial & Acrobatics ← Canceled 11/22
 4:25pm Aerial & Acrobatics ← Canceled 11/22
 Thursday: 3:40pm Parkour & Acrobatics ← Canceled 11/23
 Friday: 4:40pm Parkour & Acrobatics
 Saturday: 11am Parkour & Acrobatics (*Handstands)
 Sunday: 2pm Parkour & Acrobatics (*Handstands)

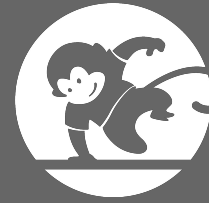
Ages 9-12:

Monday: 3:30pm Parkour & Acrobatics
 4:40pm Parkour & Acrobatics
 Tuesday: 4:20pm Aerial (*Handstands)
 4:40pm Parkour & Acrobatics (*Handstands)
 Wednesday: 2:35pm Aerial (ages 7-12)
 3:45pm Aerial (ages 9-17)
 Thursday: 3:45pm Parkour & Acrobatics ← Canceled 11/23
 4:45pm Parkour Level 2** ← Canceled 11/23
 Friday: 5:50pm Parkour & Acrobatics (*AcroYoga L1)
 Saturday: 12:10pm Parkour & Acrobatics
 Sunday: 3:15pm Parkour & Acrobatics (*Acrobatics L1)
 4:30pm Aerial (ages 9-17) (*DanceltOut) ← Canceled 11/26

Ages 13-17:

Monday: 4:35pm Parkour & Acrobatics
 Tuesday: 5:30pm Aerial
 Wednesday: 3:45pm Aerial (ages 9-17)
 Thursday: 4:50pm Parkour & Acrobatics ← Canceled 11/23
 5:55pm Acrobatics (*Monkey Cond.) ← Canceled 11/23
 Friday: 7:10pm Parkour & Acrobatics (*AcroYoga)
 Saturday: 2:45pm Parkour & Acrobatics ← Canceled 11/11
 Sunday: 4:30pm Aerial (ages 9-17) (*DanceltOut) ← Canceled 11/26

Check our website for more details, monthly schedule changes and daily updates!



Winter Monkey Ninja Camp

AGES 5-8:

December 18-22

Morning: 9am-12pm

Afternoon: 12:30-3:30pm

Full Day: 9am-3:30pm

AGES 7-12:

December 26-29

Morning: 9am-12pm

Afternoon: 12:30-3:30pm

Full Day: 9am-3:30pm

Single Drop-ins welcome!

Advanced Monkey University

Winter 2018

January 13- April 28

Saturdays 3-6pm

Some kids just cannot be stopped, so Athletic Playground is starting a new program for its most committed youth students in order to give them the practice and training they need to be versatile, strong, and coordinated movers throughout their lives.

Ages 9+

Limited Spots - Apply Now!

More info online under kids/teens workshops & camps

* Parents can attend this adult class at the same time! (See adults schedule for details)

** Prerequisites: Familiarity with basic vaults and rolls



Interested in Birthday Parties?
frontdesk@tapgym.com

All classes are 1 hour. No students admitted to class more than 10 minutes late. Please come early to sign in!
Reserved spaces may be given away to the waitlist if unclaimed by 5 minutes before the start time of class.



Adults Offerings *Drop Ins Welcome!*

November 2017

CLASSES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aerial Skills L2* 9:20am	Monkey Conditioning 8:30am	Lyra 12:15pm	Monkey Cond. 8:30am	Lyra 9:30am	Movement Prep. 8:50am	Parkour 10:00am
Aerial Conditioning 10:30am	Aerial L2* 9:40am	Stable Body 1:25pm	Gentle Mobility 10:15am NEW!	Iron Monkey 9:35am	Aerial Skills 8:45am	Monkey Conditioning 10:00am
Flexibility 11:45am	Aerial Skills 10:45am	Movement Games 4:55pm	Handstands 11:20am	Aerial Conditioning 10:45am 11/24 Open Play Instead	Monkey Conditioning 9:50am	Aerial Conditioning 11:15am
Handstands L1 5:45pm	Handstands 4:30pm	Aerial Conditioning 5:35pm	Flexibility 12:30pm	Flexibility 12:00pm 11/24 Open Play Instead	Aerial Conditioning 10:00am 11/11 canceled	Acrobatics L2* 11:15am
Lyra 5:45pm	Handstands L2* 5:40pm	AcroYoga L1 6:00pm	Rope and Straps 1:20pm	Partner Acro 1:10pm 11/10 Open Play Instead	Handstands L2* 10:00am	Bellydance 11:15am 11/26 canceled
AcroYoga L1 5:50pm	Movement Games 5:45pm	Acrobatics 6:05pm	Parkour 1:40pm	Aerial Skills L1 2:30pm	Handstands L1 11:15am	Flexibility 12:30pm
AcroYoga 6:55pm	Monkey Conditioning 6:45pm	Aerial Skills L2* 6:45pm	Monkey Cond. 6:00pm	Monkey Cond. 6:00pm	ASL Jam 11:15am 11/11 Canceled	Aerial Skills L1 1:45pm
Acrobatics 7:00pm	Tango Skills 6:50pm	Meditation 7:05pm	Flexibility 7:05pm	Flexibility 7:05pm	Trapeze* 1:40pm 11/11 canceled	Handstands 2:00pm
Flexibility 7:05pm	Partner Acro L2* 7:00pm	AcroYoga 7:15pm	AcroYoga L1 7:05pm	AcroYoga L1 7:05pm	Acrobatics 3:55pm 11/11 canceled	Acrobatics L1 2:55pm
Thai Massage 8:10pm	Tango Practice 8:00pm	Aerial Skills L1 7:55pm	Air Ballet 7:05pm	Aerial Skills L1 4:45pm 11/24 Open Play Instead	Handstands L1 11:15am 11/11 canceled	Handstand Play* 3:10pm NEW!
Iron Monkey 8:15pm	Partner Acro L3* 8:05pm	Handstands 8:20pm 11/22 canceled	Aerial Skills L1 8:10pm	Bellydance 4:50pm 11/24 canceled	Acrobatics 3:55pm 11/11 canceled	Movement Prep. 4:00pm
Aerial Conditioning 8:15pm	Flexibility 8:05pm	Parkour 8:30pm	Handstands L1 8:10pm	Aerial Skills L2* 6:00pm 11/24 Open Play Instead	Aerial Skills L1 4:45pm 11/24 Open Play Instead	Dance It Out 4:20pm NEW!
	Parkour L2* 9:15pm	Aerial Skills L3* 9:00pm	AcroYoga L2 8:10pm	AcroYoga L1 6:00pm	Aerial Skills L2* 6:00pm 11/24 Open Play Instead	Movement Games 5:00pm
			Hand to Hand* 9:15pm	AcroYoga 7:10pm	Parkour L1 8:20pm	
			11/23 We are OPEN ONLY 8:30am-12:20pm			

All Classes are 1 hour. Level 1 is the most beginner level. If there is no level assigned, the class is open to all levels. Please come early to sign in before class! No students admitted to class more than 10 minutes late. Reserved spaces may be given away to the waitlist if unclaimed by 5 minutes before the start time of class.

*Before attending class, please check prerequisites online or at the front desk, and check with the teacher about your skill level.

OPEN PLAY
Ages 18+ only

9am-3:30pm	9am-4:20pm	9am-3:20pm 11/22 9am-5:45pm	9am-1:40pm 11/23 9am-12:30pm	10:30am-4:40pm 11/24 10:30m-7:10pm	12:15-2:45pm 11/11 1:10-2:30pm 11/25 12:15-1:40pm & 2:40-5:45pm	9am-10am 12:15-1:45pm
9:15-11pm	9:05-11pm	9-11pm	2:40-3:45pm 11/23 Canceled	8:10-11pm 11/10 TOE JAM 8:10pm to midnight	5-5:45pm 11/11 Canceled	4-5:45pm
			9:10-11pm 11/23 Canceled			

EVENTS
WORKSHOPS

Splits & Bridge
w/ Rob Pretorius
Dec 16-17, 2017
4-8pm

Zero to Flying
w/ Scott Wells
Dec 16-17, 2017
11am-1:30pm (Berkeley)
3-6pm (Athletic Playground)

Aerial Choreography
w/ Kate Hutchinson
Jan 6,13,20,27, 2018
5-8pm

Intro to Handstands
w/ Shira Yaziv
Jan 7, 14, 21, 2018
8:00-9:15am

Acrobatic Flow
w/ Shira Yaziv
Jan 20-21, 2018
2-6pm (Berkeley)

Icarian Games
w/ Aviva Rose-Williams
Feb 10-11, 2018
5-7pm Intro
7-9 Advanced

Movement Archery
w/ Tom Weksler
Feb 16-19, 2018 (Berkeley)
F 6-9pm, Sa/Su 11am-4pm

Animal Instinct
w/ Matan Lekowich
Apr 7-8, 2018

RETREAT

Movement Exploration
w/ Shira Yaziv
Apr 21-28, 2018
(Costa Rica)

Nov 10 TOE JAM Community Open Play 8:10pm-midnight

Nov 11 Athletic Playground Celebrating 9 Years Performances at 4:30pm & 8:30pm (doors open 30 min before)