



# Kids/Teens Offerings

## June 2017 *Drop Ins Welcome!*

**Ages 18 mo. - 4 yrs:** (One adult per child required)

Saturday: 8:40am Mini Monkey  
Sunday: 8:40am Mini Monkey ← 6/4 & 6/11 canceled

### Ages 5-8:

Monday: 3:30pm Parkour & Acrobatics  
Tuesday: 12pm Aerial (ages 4-9)  
3:30pm Parkour & Acrobatics  
Wednesday: 2:35pm Aerial (ages 7-12) 6/21 & 6/28  
3:20pm Aerial & Acrobatics ← canceled (\*Flexibility)  
4:25pm Aerial & Acrobatics  
Thursday: 3:40pm Parkour & Acrobatics  
Friday: 4:40pm Parkour & Acrobatics  
Saturday: 11am Parkour & Acrobatics (\*Handstands)  
Sunday: 2pm Parkour & Acrobatics (\*Handstands)

### Ages 9-12:

Monday: 3:30pm Parkour & Acrobatics  
4:40pm Parkour & Acrobatics  
Tuesday: 4:20pm Aerial (\*Handstands)  
4:40pm Parkour & Acrobatics (\*Handstands)  
Wednesday: 2:35pm Aerial (ages 7-12)  
3:45pm Aerial (ages 9-17) (\*Flexibility)  
Thursday: 3:45pm Parkour & Acrobatics  
4:45pm Parkour Level 2\*\* ← NEW!  
Friday: 5:50pm Parkour & Acrobatics (\*AcroYoga L1)  
Saturday: 12:10pm Parkour & Acrobatics (\*Flexibility)  
1:40pm Parkour & Acrobatics ← 6/3 canceled (\*Trapeze)  
Sunday: 3:15pm Parkour & Acrobatics (\*Acrobatics L1)  
4:30pm Aerial (ages 9-17)

### Ages 13-17:

Monday: 4:35pm Parkour & Acrobatics  
Tuesday: 5:30pm Aerial  
Wednesday: 3:45pm Aerial (ages 9-17) (\*Flexibility)  
Thursday: 4:50pm Parkour & Acrobatics  
5:55pm Acrobatics (\*Air Ballet)  
Friday: 7:10pm Parkour & Acrobatics (\*AcroYoga)  
Saturday: 2:45pm Parkour & Acrobatics ← 6/3 canceled  
Sunday: 4:30pm Aerial (ages 9-17)

## Summer Camps



*Single Day Drop-Ins Welcome*

**AGES 3-6:** Mini Monkey Ninja  
July 3-7\*\*, 9am-12pm  
July 10-14, 9am-12pm  
July 31-Aug 4, 9am-12pm  
Aug 14-18, 9am-12pm

**AGES 5-8:** Monkey Ninja  
June 12-16, 9am-12pm  
July 3-7\*\*, 12:30-3:30pm

**Aerial & Acrobatics**  
June 19-23, 12:30-3:30pm  
June 26-30, 9am-12pm & 12:30-3:30pm

**AGES 7-12:** Monkey Ninja  
June 19-23, 9am-12pm  
July 10-14, 12:30-3:30pm NEW!  
July 17-21, 9am-12pm & 12:30-3:30pm  
July 24-28, 9am-12pm & 12:30-3:30pm  
Aug 7-11, 9am-12pm & 12:30-3:30pm  
Aug 28-Sept 1, 9am-12pm

**AGES 8-14:** Aerial  
June 19-23, 12:30-3:30pm  
June 26-30, 12:30-3:30pm

**AGES 13-19:** Parkour & Acrobatics  
June 19-23, 9am-12pm  
June 26-30, 9am-12pm  
July 31-Aug 4, 12:30-3:30pm  
Aug 14-18, 12:30-3:30pm  
Aug 21-25, 9am-12pm & 12:30-3:30pm  
August 28-Sept 1, 12:30-3:30pm

**ADULTS:** Monkey Ninja  
Aug 7-11, 12:30-3:30pm

Check our website for more details, monthly schedule changes and daily updates!

\*\*July 4th: No Summer Camps

### Advanced Monkey University

September 9 - December 16  
Saturdays 3-6pm

Some kids just cannot be stopped, so Athletic Playground is starting a new program for its most committed youth students in order to give them the practice and training they need to be versatile, strong, and coordinated movers throughout their lives.



**Ages 9+**

Applications are due July 31st  
More info online under kids/teens workshops & camps

\* Parents can attend this adult class at the same time! (See adults schedule for details)

\*\* Prerequisites: Familiarity with basic vaults and rolls



Interested in Birthday Parties?  
frontdesk@tapgym.com

All classes are 1 hour. No students admitted to class more than 10 minutes late. Please come early to sign in!  
Reserved spaces may be given away to the waitlist if unclaimed by 5 minutes before the start time of class.



# Adults Offerings *Drop Ins Welcome!*

## June 2017

CLASSES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aerial Skills L2* 9:20am	Monkey Conditioning 8:30am	Lyra 12:15pm	Monkey Conditioning 8:30am	Lyra 9:30am	Aerial Skills 8:45am	Parkour 10:00am
Aerial Cond. 10:30am	Aerial L2* 9:40am	Flexibility 3:30pm	Handstands 11:20am	Iron Monkey 9:35am	Monkey Conditioning 9:50am	Monkey Cond. 10:00am
Flexibility 11:45am	Aerial Skills 10:45am	Handstands L2* 4:40pm <b>NEW!</b>	Flexibility 12:30pm	Movement Prep. 10:45am	Aerial Conditioning 10:00am	Aerial Conditioning 11:15am
Acrobatics 1:15pm	Handstands 4:30pm	Movement Games 4:55pm <b>NEW!</b>	Parkour 1:40pm <b>6/22 canceled</b>	Aerial Conditioning 10:45am	Handstands L2* 10:00am	Acrobatics L2* 11:15am
Handstands 2:20pm <i>New time &amp; All levels</i>	Handstands L2* 5:40pm	Aerial Conditioning 5:35pm	Aerial Skills L1 2:30pm	Flexibility 12:00pm	Handstands L1 11:15am	Bellydance 11:15am
Handstands L1 5:45pm	Movement Games 5:45pm	AcroYoga L1 6:00pm	Air Ballet 6:00pm	Handstands 12:00pm	Partner Acro 12:20pm	Partner Acro L1 12:30pm <b>6/4 &amp; 6/11</b> Open Play instead
Lyra <b>NEW!</b> 5:45pm <b>6/5</b> Monkey Cond. instead	Monkey Conditioning 6:45pm	Acrobatics 6:05pm	Flexibility 7:05pm	Partner Acro 1:10pm	Flexibility 12:30pm	Flexibility 12:30pm
AcroYoga L1 5:50pm	Tango Skills 6:50pm	Aerial Skills L2* 6:45pm	AcroYoga L2+* 7:05pm	Aerial Skills L3* 3:35pm	Trapeze* 1:40pm	Aerial Skills L1 1:45pm
AcroYoga 6:55pm	Partner Acro L2* 7:00pm	Movement Prep. 7:10pm	Monkey Conditioning 7:05pm	Aerial Skills L1 4:45pm		Handstands 2:00pm
Acrobatics 7:00pm	Flexibility 8:00pm	AcroYoga 7:15pm	Aerial Skills L1 8:10pm	Aerial Skills L2* 6:00pm		Acrobatics L1 2:55pm <i>Time Change</i>
Flexibility 7:05pm	Tango Practice 8:00pm <b>6/6</b> Extended till 10pm	Aerial Skills L1 7:55pm	Handstands L1 8:10pm	AcroYoga L1 6:00pm		Push Hands Skills <b>NEW!</b> 4:00pm
Thai Massage 8:10pm	Partner Acro L3* 8:15pm	Handstands 8:20pm	Parkour 9:15pm	AcroYoga 7:10pm		Push Hands Practice <b>NEW!</b> 5:00pm
Iron Monkey 8:15pm <b>NEW!</b>	Parkour L2* 9:15pm	Parkour 8:30pm		Parkour L1 8:20pm		
Aerial Cond. 8:15pm		Aerial Skills L3* 9:00pm				

All Classes are 1 hour. Level 1 is the most beginner level. If there is no level assigned, the class is open to all levels. Please come early to sign in before class! No students admitted to class more than 10 minutes late. Reserved spaces may be given away to the waitlist if unclaimed by 5 minutes before the start time of class.

\*Before attending class, please check prerequisites online or at the front desk, and check with the teacher about your skill level.

OPEN PLAY

9am-3:30pm <b>6/12</b> 11:30am-3:30pm <b>6/19</b> Canceled <b>6/26</b> 11:30am-1:15pm	9am-4:20pm <b>6/13</b> 11:30am-4:20pm <b>6/20</b> 1-4:20pm <b>6/27</b> 1-4:20pm	9am-3:20pm <b>6/14</b> 11:30am-3:20pm <b>6/21</b> 9am-12:30pm & 1:15-2:35pm <b>6/28</b> 1:15pm-2:35pm & 3:30-4:25pm	9am-2:30pm <b>6/15</b> 11:30am-2:30pm <b>6/22</b> No 12:30-1:30pm <b>6/29</b> No 12:30-1:30pm	10:40am-4:40pm <b>6/16</b> 11:45am-4:40pm <b>6/23</b> 2:10-4:40pm <b>6/30</b> 2:10-4:40pm	11:15am-12:15pm <i>ASL Jam only</i>	9am-10am
9:20-11pm	9:15-11pm	9-11pm	2:50-3:45pm <b>6/22</b> canceled	8:10-11pm <b>6/9</b> TOE JAM till midnight <b>WOW!</b>	2:50-5:45pm <b>6/3</b> 1:20-5:45pm <b>6/24</b> 3:55-5:45pm	<b>6/4 &amp; 6/11</b> only: 12:15-1:45pm
			8:10-9:10pm <i>Acro Jam only</i>			4-5:45pm
			9:10-11pm			

WORKSHOPS

**Dynamic Rope**  
w/ Emiliano Ron  
June 10-11  
5:15-9:30pm

**Rope & Silk Intensive**  
w/ Paper Doll Militia  
June 12-16, 9-11:30am

**How to Train Your Handstands**  
w/ Leah Samelson  
July 1-2, 4-5:30pm

**Moving with Wisdom**  
w/ Ohad Interater  
July 17-21, 9am-3pm

**Adult Monkey Ninja Summer Camp**  
w/ Marria Grace  
Aug 7-11, 12:30-3:30pm

**Aerial Intensive**  
w/ Kate Hutchinson  
Aug 14-18  
9am-3pm

**Primal Play**  
w/ Aaron Cantor  
Oct 7-8, 5-8pm  
Oct 9, 12-3pm

**Air Ballet Repertory**  
w/ Kate Hutchinson  
Oct 9-13  
8:30-11:30am

**Evolve Move Play**  
w/ Rafe Kelley  
Nov 4-5 (in SF)  
9am-5am

**Aerial Choreography**  
w/ Kate Hutchinson  
Jan 6,13,20,27, 2018  
5-8pm

**RETREAT**

**Movement Exploration**  
w/ Shira Yaziv  
Apr 21-28, 2018  
(Costa Rica)

### COMMUNITY EVENTS

- June 6 TANGO PARTY** 8-10pm
- June 9 TOE JAM** Community Open Play 8:30pm-midnight
- June 10 A Rally for LOVE** Music, Poetry and Circus Performances 7:30pm